

## Wester Dura B&B

**Breakfast choices** – please indicate choices and leave outside door

If there is something else you would prefer for breakfast let me know, if I don't have today maybe I can get for tomorrow.

Name

Breakfast Time

### Fruit juice

Apple/ Orange or (I would prefer \_\_\_\_\_ , if you have it)

Melon

Grapefruit

Fruit compote

Selection of cereals

Selection of yoghurts

Fruit Salad/ Seasonal fruit

Smoothie – let me know your favourite

\_\_\_\_\_

**Full Scottish breakfast** (delete any unwanted items)

Sausage, lorne sausage, black pudding, haggis, bacon

or

Arbroath Smokie or Kippers

or

Smoked Salmon Scrambled egg

or

Vegetarian Scottish breakfast

or

Vegan (Quinoa, Quorn Pilaf, stuffed mushrooms)

**Served with** (delete unwanted items)

Hash Browns, Potato Scone, Potato Waffle,

Tomatoes, Mushrooms, Baked Beans

**Eggs** (Free range– soon from our own hens)

Fried, poached, scrambled

\_\_\_\_\_

Toast (White, Brown, Seeded Wholemeal)

Muffins, Pancakes

Fresh baked Croissants

\_\_\_\_\_

Tea, Coffee

We also have a wide range of decaffeinated and herbals drinks and “non-dairy”  
milks– please ask. Thanks Liana